

# LOW RANGE RAMBLIN'

**January 2020**

**A Publication of: Inland Empire 4 Wheelrs**



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## **WHO IS IE4W?**

Inland Empire 4 Wheelers is a family oriented 4x4 club formed for the enjoyment and preservation of 4 wheeling. We consist mainly of short wheelbase vehicles such as Jeeps, Toyotas, Suzuki's although we do get an occasional long wheelbase vehicle. If you have one of these, expect to go some places where you could possibly



sustain body damage. We have monthly club runs that take us from the deserts to the mountains. We could easily end up in the snow, rocks, or sand. As a club, we are dedicated to the preservation of our public lands and our family sport. We welcome new members to join us!

# PRESIDENT'S CORNER

By Mark Ogaz





# Membership & Roundup Info

Come meet new friends! Bring your 4X4 !

All Four Wheelers welcome, Old Timers and New. Bring the family for dinner & enjoy it with new friends. Find out where to go Four Wheeling! Learn the newest tricks of Four Wheeling. Check out Radical videos & vehicles. Vehicle Safety advice available.

Come Play On Our RTI Ramp! The articulation ramp is a great tool for checking the effect of modifications you have made to your vehicle. For example, it can be used to check brake line length, if your shocks are the correct length for your lift, etc.



The IE4W Roundup is held the 2nd Tuesday of each month. 6:00—9:00pm

**Fuddruckers**

**4423 Mills Cir**

**Ontario, CA 91764**

## IE4W WANTS YOU...

### TO BECOME A MEMBER!!


The Inland Empire Four Wheelers welcome all guests to participate in club functions such as runs, business meetings, Roundups, and social gatherings. However, we would also like to welcome in our guests as full time members. As an IE4W member, you will enjoy certain benefits, just to name a few; you will be allowed to purchase plaques to display on your vehicle, you will be allowed full voting rights for bylaw changes and board of directors elections and look toward some new fun members benefits in the coming months as our membership committee builds new ideas.

The followings are the requirements set forth by the IE4W bylaws for membership requirement: Each prospective member must be 18 years or older, hold a valid driver's license, be the registered owner of a 4x4 vehicle, have the minimum CA insurance coverage, have their vehicle safety inspected, and attend 6 business meeting and drive his or her vehicle in at least 6 official runs (1 being an overnight run and 1 Adopt-A-Trail work trip) within a 12 month period. An official club run consists of 2 or more club members (with the exception of monthly club Runs). Each new member must sign the club's Assumption of Risk Waiver and will pay an annual \$69.00 fee which is used for land use and club events. Each year new land disputes surface and every off-highway recreationalist is beckoned to help support the fight. So, not only will your IE4W membership be a fun, fellowship filled experience, you will also be supporting your right to enjoy off-highway recreational areas for years to come.

IE4W Club Website:

[Http://www.ie4w.com](http://www.ie4w.com) Webmaster

# January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Happy New Year!	2	3	4
5	6	7 Broxton&Koleston Strong	8 Marvin McQuown	9 George & Kay Stauber	10	11
12	13	14 Derek Rist	15 Bo Parham	16	17	18
19	20 MLK Day	21	22 Bill Henry	23	24	25 Cheri McRae
26	27	28	29 Randy Stock-berger	30	31	

Please go to IE4W forums to read trail leader messages, run descriptions, meeting places, and minimum requirements.

## Upcoming Events

### WEDDING ANNIVERSARIES

George & Kay Stauber

### CLUB ANNIVERSARIES

Nancy Kenny

Ken & Cindy Ehlers

Derek & Bridget Rist

### UPCOMING EVENTS

January 11th Mecca Tom Thompson

January 17 Superstition Mtn (San Diego 4 wheel) Mark Ogaz

January 25th Trail Guide Training Loren Campbell

February 22-23 Calico Bob Peterson

March 28– April 4 Moab Bob Berg

April 9-14 St George Loren Campbell

April 25 Dishpan & Holcomb Kevin Rice

May 23 TBD Jim Miller

June 19-21 Forest Fest

## Board of Directors

President	Mark Ogaz <a href="mailto:president@ie4w.com">president@ie4w.com</a>
Past President	Teri Patterson <a href="mailto:ppresident@ie4w.com">ppresident@ie4w.com</a>
Vice President	Robin Reed <a href="mailto:vpresident@ie4w.com">vpresident@ie4w.com</a>
Secretary	Kay Stauber <a href="mailto:secretary@ie4w.com">secretary@ie4w.com</a>
Treasurer	Karen Henry <a href="mailto:treasurer@ie4w.com">treasurer@ie4w.com</a>
Membership Chair	Joe Martinez <a href="mailto:membership_chair@ie4w.com">membership_chair@ie4w.com</a>
Hospitality	Jennifer Atwood <a href="mailto:hospitality@ie4w.com">hospitality@ie4w.com</a>
Newsletter	Todd Vargason
Big Bear Forest Fest Chair	Tim Kemp <a href="mailto:bbff@ie4w.com">bbff@ie4w.com</a>
Historian	Peggy Ogaz
Round Up	Bob Peterson <a href="mailto:round-up@ie4w.com">round-up@ie4w.com</a>
Adopt A Trail	Ken Ehlers <a href="mailto:adopt-a-trail@ie4w.com">adopt-a-trail@ie4w.com</a>
Environmental Affairs	Loren Campbell <a href="mailto:environmental_affairs@ie4w.com">environmental_affairs@ie4w.com</a>
Safety	Jerry Burgess <a href="mailto:safety@ie4w.com">safety@ie4w.com</a>
Web Site	Teri Patterson <a href="mailto:webmaster@ie4w.com">webmaster@ie4w.com</a>
Public Relations	Barbara Bongiorno
Club Merchandise	Kevin Strong <a href="mailto:house_chair@ie4w.com">house_chair@ie4w.com</a>
Sheriff	Bill Henrey <a href="mailto:sheriff@ie4w.com">sheriff@ie4w.com</a>
Trail Boss	Randy Stockberger <a href="mailto:trailboss@ie4w.com">trailboss@ie4w.com</a>



**The Inland Empire Four Wheelrs regular business meeting is held the first Thursday of each month at 7:00 PM**

**The Redlands Elks Lodge**

**633 New York St.**

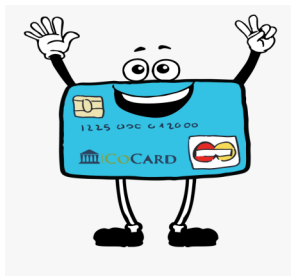
**Redlands, CA 92374**

**All are welcome**

**Please be considerate with noise when congregating in front of and in the club house.**



Did you forget your cash for Merch or Raffle? Visit Karen as we now take Credit Cards.



# Safety Report

By Jerry Burgess

## Can you actually “Freeze to Death”?



The simple answer is NO. However, you can die from hypothermia. Fact, ***more people die from hypothermia during the summer each year than during the winter.***

As soon as cold air hits your face, your body will try to insulate itself by moving blood away from the skin and outer extremities (fingers and toes) to protect the core. This process is called vasoconstriction, and it helps limit the amount of heat you lose to the environment, explained John Castellani of the U.S. Army Research Institute of Environmental Medicine (USARIEM). (This is what leads to frostbite if the fingers and toes aren't protected.)

The second response from your body to being cold is shivering. People may experience a little shivering when they're skin temperatures starts to fall, but major shivering usually doesn't occur unless your core body temperatures drops. Normal core body temperature is **98.6** degrees Fahrenheit, and mild hypothermia sets in at about **95 degrees** Fahrenheit. After that, "as you start dropping [in temperature], bad things happen".

- At 91 degrees Fahrenheit, you can experience amnesia.
- At 82 degrees, you can lose consciousness
- Below 70 degrees Fahrenheit, you are said to have profound hypothermia and death can occur.

The record for the lowest body temperature at which an adult has been known to survive is 56.7 degrees Fahrenheit, which occurred after the person was submerged in cold, icy water for quite some time. You lose body heat about 25 times faster in water than in air. Wind chill will drop temperatures lower, stay out of the wind.

There are many factors that can put you at greater risk for hypothermia.:

- **Age** : Children and the elderly are more susceptible.
- **Medical conditions**: Dementia, hypothyroidism, low blood sugar and high blood pressure sometimes contribute to hypothermia.
- **Medication**: Certain medications, as well as medical conditions.
- **Dehydration**: Lower blood volume affects your circulation and your body can lose heat more quickly.
- **Strenuous outdoor activities**: Even athletes sometimes become dangerously overtired and also lose heat more quickly if they are damp from sweating.
- **Alcohol use**: Alcohol causes the blood vessels to dilate, so you'll feel warmer but actually become hypothermic quicker.

Most dogs can tolerate temperatures above 45°F pretty well. When temps fall below this, some dogs that are especially prone to the cold will begin to feel uncomfortable. In temperatures below freezing (32°F), you should monitor your dog carefully if she's a small breed dog with a thin coat, is sick or very young or old. **When temperatures drop below 20°F, all dogs are prone to developing hypothermia and frostbite.**

The best ways to avoid hypothermia are to wear proper clothing, such as mittens (not gloves), hats, scarves, and dry, windproof layers of clothes. Take extra precautions in extremely cold and/or wet weather, high winds and around water.

#### **FIRST AID for Hypothermia**

**Get the person out of the cold as soon as possible.**

**Remove any wet clothing, replace with dry clothing.**

**Begin rewarming the body by wrapping it in warm blankets.**

**Provide warm beverages.** If the affected person is alert and able to swallow, provide a warm, sweet, non-alcoholic, noncaffeinated beverage to help warm the body.



## December Run Reports

Due to Rain the Christmas Parade was canceled. Thank-you Doug and Kellie for attempting to host this event. 12/14

It sounds like Kevin Rice had an eventful incident on the Cougar Butte run 12/21 with significant carnage that hopefully he is able to attend the next meeting and share a report for us all.



# 2020 IE4W





# Christmas Party





**Pledge of Allegiance led by:** Bill Bem

**Introduction of Guest:** Chris & Naomi Petrotta 2013 JK White 2-Door; David Gayle from Texas, 2019 Rubicon JL! Welcome to all!

**Welcome:**

**Secretary's Report:** Kay Stauber – Anything on minutes : Nothing

**Motion by:** Randy Stockberger

**Second by:** Ron Fleming to accept Minutes as Published.

**Motioned Passed:** All

**Both Rosters will be passed around after the break!** Should you need to make any changes then please do so.

☐ Trail leaders fill out report & send pictures...

**Fun Fact:** December 5<sup>th</sup>, 2019  
"National Comfort Food Day!"

**Treasurer's Report:** Karen Henry – started the month with \$54,660.48

Motion to pay bills: Teri Patterson

2<sup>nd</sup>: George Stauber

**Motion passed by:** All

**Vice President & Land & Use Report:** Robin Reed – Spoke about CORVA Management

**Committee Chair Reports:**

**Merchandise:** Kevin Strong – Did not bring inventory with him; however, Kevin said he would bring anything to the Christmas Party should anyone need anything! Kevin also said, he would have everything at the Jan. 2, 2020, meeting.

**Newsletter:** Todd Vargason – Please submit all reports & Pictures please, so he can get them in the Newsletter!

**Membership:** - Joe Martinez – Welcomed All & Guest also said he had packets should anyone need one...

**Hospitality:** Jennifer Atwood - Absent

**Forest Fest** – Welcome Cindy Coffin (Absent) , thank you for stepping up and doing this for the club.. We had a meeting on Nov. 16<sup>th</sup>, all is going well.

**Next Committee Meeting** Not yet set a date for next meeting....

**Round Up:** - Bob Peterson – A lot of people showed up, nice turn out at Fuddruckers – 4423 Mills Circle, Ontario. Ramp will be at Round up on Tuesday, Dec. 10<sup>th</sup>! Please come and join us..... "All Welcome!"

**Adopt A Trail:** Ken Ehlers – Nothing to report!

**Historian:** Peggy Ogaz – Talked about a report from Dec. 7<sup>th</sup>, 1971!

**Website** – Teri Patterson – Nothing to Report!

**Scholarship** – Tim Kemp - Absent

**Safety:** Jerry Burgess – Spoke a bit on Randy & Roxann's accident and on how to be safe when towing.

**Break:** (December) Bob Berg

Drinks for (January) will be provided by: Ron Fleming

\*\*\*Cindy Ehlers for Raffle Tickets\*\*\*



**Report on Past Runs:**

**November 17<sup>th</sup> – Cougar Buttes – Kevin Rice** - said all went well and all in all was a good run!

**November 28<sup>th</sup> – Parker, AZ – Teri Patterson** spoke about Jim & Kenny running out of gas & staying the night out in the Cold. Also, because of the weather, the club did Thanksgiving Dinner on Friday instead of Thursday! The run on Friday, November 29<sup>th</sup>, Jim did President's Choice and all was back by 12:30 p.m. everything went well.

**Future Runs:** Loren Campbell

**December 14<sup>th</sup> , Calimesa Christmas Parade**

**December 6<sup>th</sup> – IE4W Christmas Party** Highland Club House: It will be from 6:00 p.m. to 10:00

**January 11<sup>th</sup>, 2020 – Tom Thompson** –Red Canyon Trail - I will lead a run from Mecca to Rancho Dos Palmas, to Bradshaw Trail, to Red Canyon Trail, to Box Canyon Rd, to Painted Canyon & Ladder Canyon and back to Mecca on January 11<sup>th</sup>, 2020. The time and meeting place to be determined....

**January 17<sup>th</sup> – Mark & Peggy Ogaz** – Superstition Mountain

**January 25<sup>th</sup> – Loren Campbell** – Trail Guide Training

**February 22<sup>nd</sup> – 23<sup>rd</sup> , 2020, Bob Petterson** will be doing Calico

**March – Bob Berg - Moab**

**March – Randy Stockberger** will also be doing a run. To Be announced....

**April – 9<sup>th</sup> – 14<sup>th</sup> , 2020, Loren Campbell - St. George, UT.** Please make reservations at Temple View RV Park, or there is Tent camping and Hotels close by..

**May 23<sup>rd</sup> , 2020**, will be "Miller's Run!"

**July 16<sup>th</sup> – 19<sup>th</sup> , 2020 — Mark Ogaz** - Taboose Creek

**Future Events:** Big Bear Forest Fest June 19<sup>th</sup> – 21<sup>st</sup> , 2020.

**Old Business:** Mark Ogaz mentioned again, that the "Elk's Club" will make dinner for the club...

**Loren Campbell** said the donation from the club for the Dusy Ershim was very appreciated...

\*\*\*The Club made a motion to sell the Club Trailer\*\*\*

**1<sup>st</sup> – Loren Campbell**

**2<sup>nd</sup> – Bill Bem**

**Passed by: All**

**New Business:** Talked about a 50/50 Raffle....

**Membership**

**Trail Leader Workshop – Loren Campbell**

**Parker 2020** – Make reservations a year from when you would like to go....

**Sheriff's Report:** Bill Henry – Gave 5 Fines - \$5.00, he mentioned he would not fine for NOT having Colors because of the "Christmas Spirit"....

**Raffle Prizes – (December )** was provided by Robin Reed – we received \$420.00 for the Raffle. Thank you Robin!

**Raffle Prizes:** - (January) Ken Ehlers

**Motion by: Teri Patterson**

**Second by: Bob Berg**

**Meeting Adjourned at: 9:05 p.m.**

**Motioned Passed: ALL**

**Respectfully Submitted by: - Kay Stauber**  
**IE4W Secretary**





# BIG BEAR FOREST FEST PLATINUM SPONSORS

Thank you for your support!!!

